

A Flocking of Shapes
Checklist of Movement Considerations using the Elements of Dance

Considerations when creating this movement piece (from the Elements of Dance)

Use this checklist as a guide. Select a **minimum of 1 or 2 considerations** from each of the criteria below and check them off as a reminder of your choices.

SPACE

- 1) **Shelf space**-space immediately around the body.

- 2) **General space**-space throughout the room.

- 3) **Levels**
 - a) High
 - b) Medium
 - c) Low

- 4) **Direction:**
 - a) Forward
 - b) Backward
 - c) Sideways
 - d) Up
 - e) Down

- 5) **Pathway**
 - a) Curved
 - b) Straight
 - c) Zigzag
 - d) Diagonal

6) **Size**

- a) Big
- b) Small
- c) Narrow
- d) Wide

7) **Focus**-Direction of Gaze

TIME

1) **Tempo:**

- a) Fast
- b) Medium
- c) Slow

2) **Rhythm**-a succession of movement or sounds of various durations.