

Creating an Individual Tableau

What to think about when creating an individual tableau:

I am experimenting with:

- ✓ facial expressions
- ✓ interesting body shapes
- ✓ different levels
- ✓ tensions and exaggeration

I am thinking about and practicing:

- ✓ what moment or frozen picture I am representing
- ✓ how to present this moment
- ✓ different ways I can move from one tableau to the next
- ✓ how to flow from one movement to the next
- ✓ staying focused
- ✓ being confident