

Anticipation Guide Statements

DO YOU AGREE OR DISAGREE?

Agree

Disagree

- 1 Less educated people are more likely to suffer from mental illnesses.
- 2 People who are depressed just need to think more positively.
- 3 The only person responsible for your own happiness is yourself.
- 4 Men are less emotional than women.
- 5 People who work really hard can overcome any obstacle, including mental illness.
- 6 Depression can disappear by thinking happy thoughts.
- 7 Telling someone to 'cheer up' is a good way to help someone if they are really sad.
- 8 BALANCE is happiness.
- 9 People should just 'get over the blues' and get on with their lives.
- 10 Depression is just 'typical' adolescent behavior.