

Grade 3: Dance, Drama and Critical Literacy

Ontario Trees

- Apple (*Malus domestica*) - Fruits are very edible.
- Baked-apple Berry (*Rubus chamaemorus*) - The berries are edible.
- Blueberry, Velvetleaf (*Vaccinium myrtilloides*) - The berries are delicious.
- Bunchberry (*Cornus canadensis*) - The berries are edible, but hardly worth it due to the single hard seed at the center to which the edible part clings tenaciously.
- Chestnut, American (*Castanea dentata*) - The nuts are edible and delicious.
- Chokecherry (*Prunus virginiana*) - Edible but extremely tart, hence the name!
- Cranberry, Large (*Vaccinium macrocarpon*) - Berries are edible. Best if cooked.
- Cranberry, Small (*Vaccinium oxycoccos*) - The berries are edible, although best if cooked first.
- Currant, Wild Black (*Ribes americanum*) -
- Fir, Balsam (*Abies balsamea*) - The needles make a nice bush tea.
- Gale, Sweet (*Myrica gale*) - Tea can be made from the leaves.
- Gooseberry, Bristly Wild (*Ribes oxycanthoides* spp. *oxycanthoides*) - Fruits are edible.
- Gooseberry, Prickly (*Ribes cynosbati*) - Fruits are edible.
- Gooseberry, Wild (*Ribes hirtellum*) - Fruits are edible.
- Hemlock, Eastern (*Tsuga canadensis*) - Needles make a nice tea.
- Maple, Black (*Acer nigrum*) - Sap is edible.
- Maple, Sugar (*Acer saccharum*) - Sap is edible.
- Nannyberry (*Viburnum lentago*) - Fruits are edible.
- Partridgeberry (*Mitchella repens*) - The berries are edible, but not very flavourful.
- Pine, Eastern White (*Pinus strobus*) - Needles make a nice tea.
- Raisin, Wild (*Viburnum nudum*) - Fruits are edible.
- Serviceberry (*Amelanchier* spp.) - The ripe berries are edible.
- Sweetfern (*Comptonia peregrina*) - The nuts are edible. Tea can be made from the leaves.
- Walnut, Black (*Juglans nigra*) - Nuts are edible.
- Walnut, English (*Juglans regia*) - Nuts are very edible - this is the source of commercial walnuts.
- Wintergreen (*Gaultheria procumbens*) - Berries are edible. Leaves may be chewed for the wintergreen taste.