

Elements of Dance Checklist

Name _____

- 1 limited ability
- 2 some ability
- 3 considerable ability
- 4 extensive ability

Criteria	Ability	Comments
Body shapes and body moves were used		
The dance had varied energy levels., (e.g. strong and forceful; light and free)		
All of the dance space was used		
The dancers related to each other		
There was a sense of timing to the dance.(e.g. able to keep to a count of 8; moved with the music)		
There was evidence of creativity and problem solving		

This list is only an example. Adapt this tool to reflect the success criteria generated with students.



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