

Laban/Movement Performance Rubric

Criteria	Level 1 (50–59%)	Level 2 (60–69%)	Level 3 (70–79%)	Level 4 (80–100%)
Application of Laban Efforts (<i>Weight, Time, Space, Flow</i>)	Demonstrates limited understanding and application of Laban efforts; movements lack clarity or intention.	Demonstrates some understanding and application of Laban efforts; movements show some intention.	Demonstrates clear understanding and effective application of Laban efforts; movements are purposeful.	Demonstrates sophisticated understanding and expressive application of Laban efforts; movements are highly intentional and dynamic.
Collaboration and Ensemble Work	Rarely contributes to group work; limited cooperation or responsiveness to others.	Sometimes contributes and cooperates; some awareness of group dynamics.	Consistently contributes and collaborates effectively; supports ensemble cohesion.	Actively enhances group work; demonstrates leadership and strong ensemble awareness.
Use of Space and Levels	Limited use of stage space and levels; lacks spatial awareness.	Some use of space and levels; spatial awareness is developing.	Effective use of space and levels; demonstrates spatial awareness.	Creative and dynamic use of space and levels; enhances performance impact.
Expressive Movement and Physicality	Movements are minimal or lack expressiveness.	Movements show some expressiveness and physical commitment.	Movements are expressive and physically committed.	Movements are highly expressive, nuanced, and fully committed.
Creativity and Interpretation	Interpretation is unclear or lacks originality.	Interpretation shows some creativity and understanding.	Interpretation is creative and demonstrates thoughtful choices.	Interpretation is highly creative, insightful, and enhances the performance's meaning.
Focus and Engagement	Rarely maintains focus; engagement is inconsistent.	Sometimes maintains focus; engagement varies.	Maintains focus and is consistently engaged.	Fully focused and deeply engaged throughout the performance.

