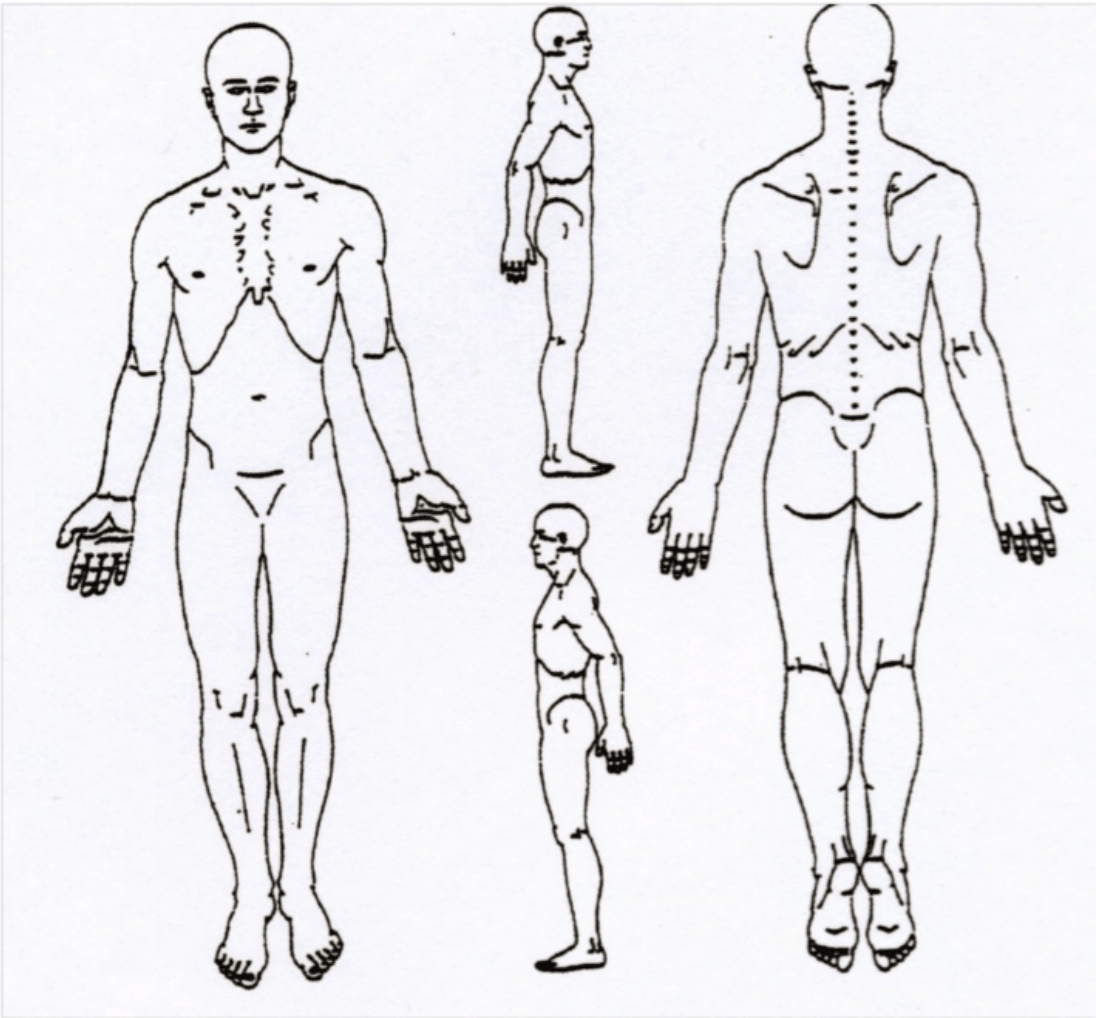
Body Map

Name:_____ Date: _____



Legend

- Strength
- Weakness
- Tension
- Injury
- Imbalance
- Hyperextension
- _____
- _____
- _____
- _____
- _____